



# SEPTEMBER | 2017

## CLINTON MASSIE MIDDLE SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b><u>DAILY MEAL OPTIONS</u></b>            DEPENDING ON THE DAY            Tony's Pizza, Calzones, Chef Salads,            Garlic Parmesan Flatbread, PB&amp;J Meal            Buffalo Chicken Pizza, Chicken Patty</p>		<p><b>SEPT 15<sup>TH</sup></b> Is the deadline for            2017-2018 applications. If you have            not filled out a new application, your            student will go to full pay on that day.</p>		<p><b>1</b>            French Toast Sticks            w/ syrup            Hash Brown &amp; Yogurt            Assorted Cold Veggies            100% Fruit Juice or Fresh            Fruit            Choice of Milk</p>
<p><b>4</b>   <b>NO SCHOOL            LABOR DAY</b></p>	<p><b>5</b>            Chicken Quesadillas            Salsa, Refried Beans            Assorted Fruits            WG Treat            Choice of Milk</p>	<p><b>6</b>            Pretzel Dog            Corn            Pudding            Assorted Fruits            Choice of Milk</p>	<p><b>7</b>            Spaghetti w/ Meat Sauce            Green Beans            Breadstick (2)            Assorted Fruits            Choice of Milk</p>	<p><b>8</b>            Pancakes w/ syrup            Cheese stick &amp; Hash brown            Assorted cold veggies            100% Fruit Juice or            Fresh Fruit            Choice of Milk</p>
<p><b>11</b>            Pulled Pork Sandwich            Baked Waffle Fries            Assorted Fruits            Choice of Milk</p>	<p><b>12</b>            Nachos w/ Taco Meat            Cheese Sauce, lettuce,            salsa, refried beans,            Sour cream            Assorted Fruits            Choice of Milk</p>	<p><b>13</b>            Chicken Drumstick            Mashed Potatoes w/ gravy            Dinner Roll            Assorted Fruits            Choice of Milk</p>	<p><b>14</b>            Corn Dogs            Broccoli &amp; Cheese            Assorted Fruits            Choice of Milk</p>	<p><b>15</b>            Biscuit &amp; Gravy            Scrambled Eggs            Hash Brown            Assorted Cold Veggies            100% Fruit Juice or            Fresh Fruit            Choice of Milk</p>
<p><b>18</b>            Breaded Chicken Patty            Baked Fries            Assorted Fruits            Choice of Milk</p>	<p><b>19</b>            Taco Scoops            w/ taco meat            lettuce, cheese, salsa, sour            cream, refried beans            Assorted fruits            Choice of Milk</p>	<p><b>20</b>            Meatball Sub            w/ mozz. Cheese            Corn            Assorted Fruits            Choice of Milk</p>	<p><b>21</b>            BBQ Rib Sandwich            Green Beans            Assorted Fruits            Choice of Milk</p>	<p><b>22</b>            Egg/Cheese/Bacon            Breakfast Pizza            Hash Browns            Assorted Cold Veggies            100% Fruit Juice or            Fresh Fruit            Choice of Milk</p>
<p><b>25</b>            Cheeseburger            Tator Tots            Assorted Fruits            Choice of Milk</p>	<p><b>26</b>            Soft Taco w/ Taco Meat            Lettuce, cheese, salsa,            Sour cream, refried beans,            Assorted fruits            WG treat            Choice of Milk</p>	<p><b>27</b>            Salisbury Steak            Mashed Potatoes            With Gravy            Dinner Roll            Assorted Fruits            Choice of Milk</p>	<p><b>28</b>            Lasagna            Green Beans            Breadstick            Assorted Fruits            Choice of Milk</p>	<p><b>29</b>            Pancakes w/ syrup            Cheese stick &amp; Hash brown            Assorted cold veggies            100% fruit juice or            Fresh Fruit            Choice of Milk</p>

### News

**Breakfast - 1.65**  
**6-12 LUNCH - 2.85**  
**Milk - .55**

**\*We offer fresh fruit for breakfast  
 and lunch daily**

#### **BREAKFAST**

**Week of 4<sup>th</sup> & 18<sup>th</sup>**

**MONDAY - Pancakes**

**TUESDAY - Breakfast Pizza**

**WEDNESDAY - WACKY WAFFLES**

**THURSDAY - Cinnamon Roll &**

**Sausage Link**

**FRIDAY - Specialty Breads (Banana,  
 Zucchini, and Berry & Sausage Link**

**Week of 11<sup>th</sup> & 25<sup>th</sup>**

**MONDAY - Pancakes**

**TUESDAY - Breakfast Pizza**

**WEDNESDAY - WACKY WAFFLES**

**THURSDAY - Cinnamon Rolls & Sausage  
 Link**

**FRIDAY - Egg/Cheese/Sausage Croissant**

**\*FOR BREAKFAST STUDENTS ARE  
 ALSO OFFERED POP TARTS, CEREAL  
 AND OTHER BREAKFAST CHOICES**

This institution is an equal opportunity provider.

WE OFFER FRESH VEGGIES EVERY DAY (CARROTS, BROCCOLI, CELERY, CHERRY TOMATOES, CAULIFLOWER, AND MISCELLANEOUS OTHER VEGGIES) WE OFFER THEM IN 1/2 CUP SERVINGS. IF WE OFFER THE SAME VEGETABLE CATEGORY ON THE MENU, WE MAY NOT HAVE THAT COLD VEGGIE THAT DAY.